

Skills Audit

Skill	Not Confident	Somewhat Confident	Very Confident
I can conduct thorough and pertinent research			
I can draw reasoned conclusions from my research			
I can structure a talk/presentation effectively			
I can stick to a strict time-limit			
I can use notes efficiently (not reading from the page or over-relying on them)			
I can speak in a natural, confident way about a topic			
I can speak audibly and clearly			
I can use pace, pause and emphasis			
I can use supportive material effectively			
I can use eye contact and body language to engage with the audience			

